

STEPHANIE C. WALLIO, PH.D.

Curriculum Vitae

EDUCATION

- Post-doctoral Fellow Clinical Health Psychology –
University of Kansas Medical Center, Kansas City, KS
November 2009 – June 2011
- Psychology Intern Clinical Health Psychology Track –
VA Connecticut Healthcare System, West Haven, CT (APA-
accredited pre-doctoral psychology internship)
September 2008 – August 2009
- Ph.D. Clinical Psychology, Health Psychology Specialization Track –
University of Kansas, Lawrence, KS (APA-accredited Ph.D.
program) (2009)
- M.A. Clinical Psychology, Health Psychology Specialization Track –
University of Kansas, Lawrence, KS (2005)
- B.S., B.A. Psychology (with Honors), Social Work, minor in Human
Relations, Magna Cum Laude – University of Iowa, Iowa City, IA
(2000)

CLINICAL LICENSURE

Licensed Psychologist (#4722), Health Service Provider-Psychologist (HSP-P) – North Carolina

PROFESSIONAL EXPERIENCE – TEACHING POSITIONS

- 2017- *Teaching Assistant Professor*, East Carolina University, Department of
present Psychology, Greenville, NC.
Description: Serve as sole instructor for a variety of undergraduate and graduate
courses in psychology, including introductory psychology, developmental
psychology, research methods, and advanced general psychology. Includes
serving as instructor for online courses. Duties included Duties involve course
design, instruction, and assessment. Service to the department through committee
membership and and consultation to fellow faculty related to grant writing.
- 2012- *Faculty*, Northcentral University, Department of Psychology, San Diego,
2017 CA (Virtual position).
Description: Mentored graduate students through the dissertation process from
initial conceptualization through defense with focus on scholarly writing,
literature review, development of the research idea, and research methodology

and analyses. Present and past areas of mentorship have included psychology, education, and business and doctorates that are both applied (e.g., Ed.D. and DBA) and Ph.D. Served as instructor for doctoral level research courses on planning for dissertation research and quantitative research design. Service to the department and university through student committee membership, administrative committee membership, and curriculum development.

- 2014-2015, 2017 *Adjunct Teaching Assistant Professor*, East Carolina University, Greenville, NC
Description: Served as sole instructor for 100-student Introductory Psychology course and 20-student capstone seminar course in advanced general psychology. Duties involved course design, instruction, and assessment.
- 2012 *Invited Lecturer*, Health Psychology: Exploring the Mind-Body Connection, Lecture in Introduction to Psychology course, University of Kansas, Lawrence, KS.
- 2011 *Co-Instructor*, Depression in Children and Adolescents: Assessment & Treatment (online course), University of Kansas Medical Center, Kansas City, KS.
Description: Online course for bachelor's-level nursing students, graduate-level occupational therapy students, and graduate-level clinical psychology students. Updated and developed course presentations and materials, initiated and monitored online discussion boards, and graded student assignments.
- 2007-2008 *Instructor*, Psychology Independent Study, University of Kansas, Lawrence, KS.
Description: Recruited, trained, and supervised four undergraduate research assistants receiving Independent Study course credit. Led research meetings and provided education on topics such as using SPSS, developing a curriculum vitae, applying to graduate school, research methods, and early childhood issues. Supervised students completing data entry, literature searches, and other research activities.
- 2005 *Instructor*, Abnormal Psychology, University of Kansas, Edwards Campus, Overland Park, KS.
Description: Served as sole instructor for 10-student summer accelerated schedule Abnormal Psychology course. Duties involved course design, instruction, and assessment. In partial completion of comprehensive exams, completed intensive documentation of pedagogical decisions, course design, and self- and mentor-evaluation of teaching.
- 2002-2003 *Instructor*, Intimate Relationships, University of Kansas, Lawrence, KS.
Description: Served as both sole and co-instructor for 200-student Intimate Relationships course. Duties involved course design, instruction, and assessment.
- 2000-2002 *Teaching Assistant*, University of Kansas, Lawrence, KS.
Courses: Intimate Relationships, Psychology of Women, Psychology of Families, Introduction to Psychology

PROFESSIONAL EXPERIENCE – CLINICAL POSITIONS

- Nov. 2009-
June 2011 *Post-doctoral Fellow*, University of Kansas Medical Center, Kansas City, KS.
Description: Provided clinical service and consultation to the bariatric surgery program, liver transplant program, and Cancer Center. Clinical activities included comprehensive assessment for medical procedures, individual and group therapy and psycho-education, and inter-disciplinary team consultation. Provided supervision to psychology interns and graduate-level practicum students. (Primary Supervisor: Robert Twillman, Ph.D.)
- Sept. 2008-
Aug. 2009 *Psychology Intern*, VA Connecticut Healthcare System, West Haven, CT.
Description: Completed the following rotations:
Pain Management (Supervisor: Robert Kerns, Ph.D.)
Interdisciplinary Stroke Clinic (Supervisor: Robert Kerns, Ph.D.)
Smoking Cessation (Supervisor: Lisa Frantsve, Ph.D.)
Primary Care (Supervisor: Kathryn Sanders, Ph.D.)
Weight Loss and Management (MOVE/MOVE-IT) (Supervisor: Patricia Rosenberger, Ph.D.)
Organ Transplant and Surgical Evaluation (Supervisors: Lisa Frantsve and Kathryn Sanders, Ph.D.)
Inpatient Psychiatry Wellness Group (Supervisor: Carol Hendricks, Ph.D.)
Outpatient Therapy (Supervisor: Marc Shulman, Psy.D.)
Neuropsychology (Supervisors: John Beauvais, Ph.D. and Brian Schweinsburg, Ph.D.)
- Aug. 2007-
May 2008 *Student Supervisor*, University of Kansas Psychological Clinic, Lawrence, KS.
Supervisor: Cyd Schnacke, Ph.D.
- Aug. 2002-
Dec. 2004 *Health Psychology Practicum Student*, University of Kansas Medical Center, Kansas City, KS.
Description: Completed the following practicum:
Family Medicine and Addictions (Supervisor: Bruce Liese, Ph.D.)
Behavioral Pediatrics (Supervisor: Mike Rapoff, Ph.D., Ann McGrath, Ph.D., and Martye Barnard, Ph.D.)
Co-Leader, Chronic Pain Coping Skills Group (Supervisor: Robert Twillman, Ph.D.)
Cancer (Supervisor: Sarah Taylor, M.D. and Robert Twillman, Ph.D.)
Pain Management (Supervisor: Robert Twillman, Ph.D.)
Rehabilitation and Neuro-psychology (Supervisor: William Stiers, Ph.D.)
- Aug. 2001-
July 2008 *Student Therapist*, University of Kansas Psychological Clinic, Lawrence, KS.
Supervisors: Sarah Kirk, Ph.D., Cyd Schnacke, Ph.D., Ray Higgins, Ph.D., Doug Witt, Ph.D., Nancy Hughes, Ph.D., Donna Flory, M.S.W.

PROFESSIONAL EXPERIENCE – RESEARCH POSITIONS

- Spring 2014- *Consultant*, Center for Public Partnerships and Research, University of

- present Kansas, Lawrence, KS.
Description: Primary grant writer and consultant for foundation, state, and federal grant applications. Other consultant services include editorial review.
- Aug. 2011- *Research Associate*, Institute for Educational Research and Public Service, School
May 2012 of Education, University of Kansas, Lawrence, KS.
Description: Member of three-person team conducting the accountability process for child and family service programs funded by the Children's Initiative Fund (approximately \$50 million annually) through the Kansas Children's Cabinet and Trust Fund. Activities involved synthesizing information collected from local and state-level programs and reporting directly to the Cabinet. Conducted trainings on program evaluation for local and state-level programs and provided technical assistance on the Protective Factors Survey, a tool to measure protective factors against child abuse and neglect. Served as evaluator for the Kansas Early Childhood Comprehensive Systems Plan. Participated in grant proposal development and supervised graduate research assistants as needed.
- Jan. 2005- *Graduate Research Assistant*, Institute for Educational Research and Public
July 2008 Service, School of Education, University of Kansas, Lawrence, KS.
- July 2003- *Research Assistant*, Center for Telemedicine & Telehealth (KUCTT), University
Dec. 2004 Kansas Medical Center, Kansas City, KS.

PROFESSIONAL EXPERIENCE – RELEVANT EXTERNAL FUNDING EXPERIENCE

Protective Factors Survey Development, submitted to FRIENDS National Resource Center for Community-Based Child Abuse and Prevention, Status: funded, Principal Investigator: Jackie Counts, M.S.W., **Role: Member of research team**, 2006-2007.

Community-Based Grants for the Prevention of Child Abuse and Neglect, submitted to the United States Department of Health and Human Services, Status: funded, Principal Investigator: Jackie Counts, M.S.W., **Role: Peer Review Evaluation Coordinator for grantee agencies, Member of grant-writing team**, 2004-2008.

Description (Peer Review Evaluation Coordinator, 2004-2008): Member of 2-person team which designed and developed the Kansas Peer Review Model to meet federal peer review requirements for the grant, including selecting evaluation instruments and developing web-based system for data collection and report generation. Independently developed and implemented innovations to the model based on feedback from the grantee agencies and other states. Presented the Kansas Peer Review Model to approximately 20 grantee agencies annually and provided technical assistance during completion of the model. Scheduled and facilitated approximately 10 on-site peer review site visits throughout the state of Kansas. Generated and distributed peer review reports including both quantitative and qualitative data. Reported directly to the state-level funder, Kansas Children's Cabinet and Trust Fund, and member of writing team for annual reports. Participated in national presentations of the Peer Review Model.

Kansas Early Childhood Comprehensive Systems Plan, submitted to the United States Department of Maternal and Child Health, Status: funded, Principal Investigator: Jackie Counts, M.S.W., **Role: Member of grant-writing and strategic-planning team**, 2005-2008.

PUBLICATIONS

Articles

George, J.* & **Wallio, S.** (2017). Organizational justice and millennial turnover intentions in public accounting firms. *Employee Relations: The International Journal*, 39(1), 112-116.
<http://dx.doi.org/10.1108/ER-11-2015-0208>

Book Chapters

Wallio, S. & Twillman, R. K. (2011). Non-pharmacological approaches to pain and symptom management. In S. H. Qualls & J. E. Kasl-Godley (Eds.), *End-of-Life Issues, Grief, and Bereavement: What Clinicians Need to Know*. Wiley Series in Clinical Geropsychology. Hoboken, NJ: Wiley Publishing.

Sellinger, J., **Wallio, S.**, Clark, E., & Kerns, R. (2011). Comprehensive pain assessment: The integration of biopsychosocial principles. In M. H. Ebert & R. D. Kerns (Eds.), *Behavioral and Psychopharmacologic Pain Management*. New York, NY: Cambridge University Press

Wallio, S. (2010). Health psychology. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's Encyclopedia of Psychology, Fourth Edition*. Hoboken, NJ: John Wiley & Sons.

Rasmussen, H. & **Wallio, S.** (2008). The health benefits of optimism. In S. Lopez (Ed.), *Positive Psychology: The Science of Human Flourishing (Vol. 1: Discovering Human Strengths)* (pp. 131-150). Westport, CT: Praeger Perspectives.

CONFERENCE POSTERS AND PUBLISHED ABSTRACTS

Doyle, D.* & **Wallio, S.** *The lived experiences of the non-victim sibling in cases of intra-familial child sexual abuse*. Poster presented at the annual conference of the Southeastern Psychological Association, New Orleans, LA, March 2016.

Conrad-Hiebner, A., **Wallio, S.**, & Schoemann, A. *The influence of caregiver and child age on protective factors within a child welfare setting*. Poster presented at the annual conference of the Society of Social Work and Research, San Antonio, TX, January 2014.

Wallio, S., Conrad-Hiebner, A., Schoemann, A., & Rasmussen, H. *The Relationship between Caregiver or Child Age and Protective Factors Against Child Maltreatment*. Poster presented at the annual convention of the American Psychological Association, Honolulu, HI, August 2013.

Wallio, S., Schoemann, A., Chang-Rios, K., & Falconer, M.K. *Longitudinal Factorial Invariance for Retrospective Measures: An Example Using the Protective Factors Survey*. Poster presented at the annual convention of the American Psychological Association, Orlando, FL, August 2012.

Nesbitt, J., **Wallio, S.**, Schoemann, A., & Froelich-Grobe, K. *Correlates of Sexual Satisfaction among Wheelchair Users*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC, April 2011.

Wallio, S., Schoemann, A., & Rasmussen, H. *Stress and Depression as Possible Mediators of the Relationships Among Caregiver Physical Health and Protective Factors Against Child Abuse and Neglect*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA, April 2010.

Wallio, S., Schoemann, A., & Rasmussen, H. *The Relationships Among Caregiver Physical Health and Protective Factors against Child Maltreatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March 2008.

Nesbitt, J., Schoemann, A., **Wallio, S.**, Smith, B., Donnelly, J. (2008). Binge Eating in Obese Adults in a Weight Management Program. *Annals of Behavioral Medicine, Proceedings of The Society of Behavioral Medicine's Twenty-Ninth Annual Meeting*, 35S, S214 [Abstract]. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA, March 2008.

Spaulding, R., Doolittle, G., Cook, D., **Wallio, S.** (2006). Patient Perceptions of Telemedicine: A Multiple-Specialty Longitudinal Evaluation. *Telemedicine and e-Health*, 12(2), 239-249 [Abstract]. Poster presented at the annual meeting of the American Telemedicine Association, San Diego, CA, May 2006.

Wallio, S., Chang, O., Grobe, J., Hyder, M., Donnelly, J. (2006). The Role of Self-Efficacy and Exercise Beliefs in the Adoption of Physical Activity in Obese Adults in a Weight Management Program. *Annals of Behavioral Medicine, Proceedings of The Society of Behavioral Medicine's Twenty-Seventh Annual Meeting*, 31S, S155 [Abstract]. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, March 2006

Chang, O., **Wallio, S.**, Grobe, J., Karpowitz, D., Hyder, M., & Donnelly, J. (2006). The Influence of Exercise on Self-Efficacy and Exercise Beliefs in Overweight and Obese Individuals in a Weight Management Program. *Annals of Behavioral Medicine, Proceedings of The Society of Behavioral Medicine's Twenty-Seventh Annual Meeting*, 31S, S167 [Abstract]. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA, March 2006.

Doolittle, G.C., Williams, A.R., Spaulding, A.O., Spaulding, R.J., Belz, N., & **Wallio, S.** (2005). Cost-benefit Analysis of the Kansas Tele-Oncology Project. *Telemedicine and e-Health*, 11(2), 160-182 [Abstract]. Poster presented at the annual meeting of the American Telemedicine Association, Denver, CO, April 2005.

Suls, J., Martin, R., Wheeler, L., **Wallio, S.**, Lemos, K., & Bobier, D. *The similar expert: Two tests of the triadic opinion comparison model*. Poster presented at the Society of Personality and Social Psychology meetings, Savannah, GA, February 2002.

CONFERENCE PRESENTATIONS

George, J.* & **Wallio, S.** (2015). *Organizational justice and millennial turnover intentions in public accounting firms*. Presentation at the annual General Business Conference at Sam Houston State University, Huntsville, TX, April 2015.

Wallio, S. (2014). *Working with Mid-Career Adults in Online Doctoral Education*. Presentation at the annual convention of the American Psychological Association (APA), Washington, DC, August 2014.

Zaikina-Montgomery, H., & **Wallio, S.** (2014). *Assuring and Assessing Quality in Quality in Online Doctoral Education*. Presentation at the annual convention of the American Psychological Association (APA), Washington, DC, August 2014.

Wallio, S., Gillam, R., & Conrad-Heiber, A., (2012). *Exploring Statistical and Practical Significance in Evaluation Results: Challenges for Child and Family Service Program Evaluation*. Presentation at the American Evaluation Association (AEA) Annual Conference, Minneapolis, MN, October 2012.

Gillam, R., **Wallio, S.**, & Hess, M. (2012). *Utility of a Self-Assessment Tool for Program Evaluation in Community-Based Child Abuse and Neglect Prevention (CBCAP) Programs*. Presentation at the American Evaluation Association (AEA) Annual Conference, Minneapolis, MN, October 2012.

Hess, M., **Wallio, S.**, Gillam, R. (2012). *Using a Peer Review Model to Improve Service through Evaluation*. Presentation at the 3rd Annual Regional Conference, Fostering Strategies for Change: Children, Families, & their Communities, Kansas City, Missouri, October 2012.

Wallio, S., Counts, J., Buffington, E., Chang-Rios, K., & Rasmussen, H. (2008). *Caregiver Stress and Depression Related to Child Maltreatment Prevention*. Presentation at the Midwestern Psychological Association (MPA) Conference, Chicago, IL, May 2008.

Counts, J., & **Wallio, S.** (2006). *A Peer Review Model of Child Abuse and Neglect Prevention Programs as Empowerment Evaluation*. Paper presented at the American Evaluation Association (AEA) Conference, Portland, OR, November 2006.

Redmon, J., Counts, J., & **Wallio, S.** (2006). *The Kansas Peer Review Model*. Presentation at the Annual Community-Based Child Abuse Prevention Programs/Promoting Safe and Stable Families (CBCAP/PSSF) Grantee Meeting, Washington, DC, March 2006.

Counts, J., Redmon, J., Green, J., & Wallio, S. (2005). *The Kansas Peer Review Model for Evaluating Child Abuse Neglect and Prevention Programs*. Paper presented at the Joint Canadian Evaluation Society (CES)/American Evaluation Association (AEA) Conference, Toronto, Canada, October 2005.

PROFESSIONAL PRESENTATIONS

Clinical Presentations

Smoking Cessation: What You Can Do As a Clinician. Presentation to the Greater Kansas City Psychological Association, Kansas City, Missouri, July 2012.

Caring, Coping, and Carrying On: Grief in the Workplace. Presentation for the University of Kansas Medical Center Psychology Internship Didactic Series, Kansas City, Kansas, June 2011. May 2012.

The Stages of Change and Motivational Interviewing. Presentation for the University of Kansas Medical Center Psychiatry Resident Lecture Series. Kansas City, KS, March 2011.

Psychological Aspects of Obesity & Bariatric Surgery. Presentation at the University of Kansas Hospital Bariatric Summit, Kansas City, Kansas, March 2011.

Caring, Coping, and Carrying On: Grief in the Workplace. Presentation at The Leukemia & Lymphoma Society Mid-America Chapter's Annual Blood Cancer Symposium, North Kansas City, Missouri, February 2011.

Smoking Cessation. Presentation for the University of Kansas Medical Center Psychology Internship Didactic Series, Kansas City, Kansas, June 2010, April 2011, March 2012, January 2013.

Beyond Counting Sheep: Tips for Better Sleep. Presentation at the University of Kansas Cancer Center, Westwood, Kansas, September 2010.

Cultivating Gratitude. Presentation at the Bone Marrow Transplant Support Group, University of Kansas Medical Center, Cancer Center, Kansas City, Kansas, February 2010.

Healthy Mind and Body. Presentation at the Parkinson's Disease Education and Support Group, VA Connecticut Healthcare System, West Haven, Connecticut, January 2009.

"Being in the Know": Understanding the DSM-IV and Diagnoses. Presentation at the Douglas County National Alliance on Mental Illness (NAMI) Meeting, Lawrence, Kansas, July 2007.

Research/Evaluation Presentations

Program Evaluation or Various and Sundry Things You Can Do With Your Ph.D. Co-presenter: Jaclyn W. R. Biggs, Ph.D. Presentation for the University of Kansas Clinical Psychology Program Proseminar Series. Lawrence, KS, February 2013.

Inputs, Outputs, and Outcomes, Oh My!:: Navigating Program Evaluation. Webinar presented for Kansas Community-Based Child Abuse Prevention (CBCAP) and Project LAUNCH grantees. Lawrence, KS, December 2011.

Understanding and Using Outcome Data: Supporting prevention programs as they develop evaluation skills. Two-day training for program administrators and technical assistance providers sponsored by FRIENDS National Resource Center for Community-Based Child Abuse Prevention (CBCAP). Washington, DC, September 2011.

Peer Review: Making it a Success. Served as a Roundtable Facilitator at the Community-Based Child Abuse Prevention/Promoting Safe and Stable Families (CBCAP/PSSF) Annual Grantee's Meeting, Portland, Oregon, April 2007.

KECCS: Working Together for Kansas Children and Families. Presentation at the Kansas Division for Early Childhood Annual Conference, Wichita, Kansas, February 2007.

SERVICE

- 2010-2011 *Volunteer, Leukemia & Lymphoma Society Mid-America Chapter, Kansas City, KS.*
Description: Co-facilitator for Multiple Myeloma Family Support Group, member of Patient Services Committee, presenter at annual Blood Cancer Symposium
- 2008-2009 *Intern Representative, Psychology Service Training Committee, VA Connecticut Healthcare System, West Haven.*
- 2008 *Ad Hoc Reviewer: Journal of Pain, Journal of Health Psychology, Journal of Psychosomatic Research, Journal of Social and Clinical Psychology*
- 2007-2008 *Member, Peer Review Self-Assessment Workgroup, FRIENDS National Resource Center for Community-Based Child Abuse and Neglect Prevention.*
- 2007-2008 *Clinical Program Student Representative, Department of Psychology Faculty Meetings, University of Kansas.*
- 2005-2006 *Student Representative, Clinical Psychology Program Meetings, University of Kansas.*

PROFESSIONAL DEVELOPMENT

- 2017 *Leading Others in Writing for Health (2-day workshop), Duke Integrative Medicine, Durham, NC. Trainers: John Evans, Ed.D. and Karen Jooste, M.D.*
- 2017 *Perinatal Mood and Anxiety Disorders (2-day workshop), Post-partum Support International, Raleigh, NC*
- 2011 *Family Support Group Facilitator Conference, Leukemia & Lymphoma Society, Orlando, FL.*

- 2007 *Qualitative Research for Behavioral Medicine*, Society of Behavioral Medicine Pre-Conference Seminar, Washington, DC. Trainers: Elyse Park, Ph.D. and Sharon Bober, Ph.D.
- 2006 Received approximately 20 hours of training on the SCID I and II through auditing *Psyc 865: Clinic III: Advanced Diagnostic Interviewing*, University of Kansas, Lawrence, KS.
- 2004 *Domestic Mediation Training*, Center for Mediation and Conflict Resolution, University of Kansas, Lawrence, KS. Trainer: Nancy Hughes, Ph.D.
- *Not including conference attendance and continuing education.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Division 38 (Health Psychology), American Psychological Association

*Denotes collaboration with current or former doctoral student.