

Primary Integrated Care Training Grant

In 2022, the Departments of Psychology and Family Medicine at ECU were awarded a \$1,000,000 Graduate Psychology Education (GPE) Program grant from the Health Resource and Services Administration (HRSA) to train doctoral-level psychologists to provide integrated, interdisciplinary, behavioral health and Opioid Use Disorder and other Substance Use Disorder prevention and treatment services. Primary investigators: Dr. Robert Carels - Psychology and Dr. Marissa Carraway - Family Medicine. The Departments of Psychology and Family Medicine were also recipients of this award in 2016 and 2019.

Purpose. The purpose of the grant is to train doctoral-level psychologists to provide integrated, interdisciplinary, behavioral health and Opioid Use Disorder and other Substance Use Disorder prevention and treatment services. This program strives to provide cutting-edge training in primary integrated care to students who possess a passion for working with poor, rural, and underserved patients.

Training. Over the next three years the proposed grant will produce 18 total doctoral students having learned critical skills in integrated primary health care delivery among the rural and/or underserved. Training experiences will include rural primary care collaborations with MAT providers and physician assistant students; substance abuse treatment and prevention in primary care, specialty care, and in the schools through tele-behavioral health; trauma informed care and treatment; the treatment of chronic pain; holistic assessment of the social determinants of

health including adverse childhood events, adult trauma, substance abuse risk and use.

Benefits. As an integrated healthcare trainee, each intern will receive:

- Gain specialized knowledge and skills related to integrated behavioral health and Opioid Use Disorder and other Substance Use Disorder prevention and treatment services;
- Participant in a didactic curriculum intentionally designed to prepare students for practice in integrated settings;
- Learn to function as behavioral health consultants, fully integrated and collaborating with medical and other multidisciplinary health providers (residents, physician extenders, nutritionists, pharmacists, nurses, and social workers) to provide brief assessment and intervention at the point-of-care;
- Receive a \$25,000 stipend (does not include tuition or fees).